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Proprietary home gym sharing company AirGym launches July 1
New company aims to be the Airbnb of home gyms

NASHVILLE – After working out in his neighbor’s garage gym, entrepreneur Chris Daskam had an epiphany. He and his wife Sarah started Googling home gym sharing software programs and apps and realized there weren’t any.

Daskam immediately began working out the details in his head of how software that operates like Uber or Airbnb could help people rent out their home gyms to personal trainers, or to their neighbors. After months of due diligence and market research, Daskam developed [AirGym](#).

“Fitness is so important to leading a healthy life, but unfortunately, it’s not usually convenient,” Daskam said. “My neighbors said I could come over anytime and work out, so one day I took them up on their offer. I didn’t feel like going to the gym, but I walked next door and met them in their 800-square-foot garage and got one of the best workouts I’ve ever had.”

Daskam said after that first workout, he realized he would be willing to pay his neighbor to work out in their garage. He could not replicate the convenience and proximity to home with a traditional gym.

In December of 2017, Daskam started AirGym and began looking for the perfect app developer to make sure the back end and the execution would be flawless.

“As I began looking for app developers, I knew I wanted someone with fitness experience, booking experience and they had to fall within my self-funded budget,” Daskam said. He said he eventually went with [Cubet Techno](#) and is very happy with the result.

The AirGym app is free to download and there are no subscriptions or commitments required to use the app, which is geared toward three main groups: home gym owners, members and personal trainers.



“As a home gym owner, you can set your space up in the app and control what you want to charge per hour, what equipment you have and set the schedule you would like to keep,” he said. “We verify all profiles to make sure they are complete, and they will then be added to a Google maps feature within the app so anyone can see what AirGyms are near them.”

Home gym owner Brent Wiggins said he is excited about the prospect of other fitness-minded people in his community using the space he created in his garage.

“My garage gym has helped me on my journey to lose over 80 pounds and I'm really excited to see this application do the same for others” Wiggins said. “I think AirGym presents a great concept, you don't have to go far for a great workout. Plus earning some extra money leveraging a space and equipment you already own sounds awesome!”

Members, or AirGym users, can use the app to search neighboring home gyms, book a time slot and take care of payment.

The app will also feature reviews from both the members using a particular AirGym and the owners, who can review a particular member.

The third use for the AirGym app is for personal trainers. Daskam said there has never been an app or profile that provides trainers with such an easy way to locate facilities and promote themselves to prospective clients.

“The app has a ‘find my trainer’ section where trainers can list their certification and licensure and potential clients can find them on the app for free,” Daskam said. “Trainers like to have one-on-one sessions with their clients and that is hard to do at a big gym. This app allows them to create a more personal workout at someone’s home gym.”

Anyone interested in finding out more information about AirGym can go to the web site at www.airgym.com, or find the app in the app store or in iTunes.

ABOUT AIRGYM

AirGym is the first platform that allows home gym owners to share their fitness spaces and connect with like-minded fitness enthusiasts and personal trainers. AirGym is set to make getting a workout in more convenient than ever, while allowing home gym owners to make a profit from their investment.